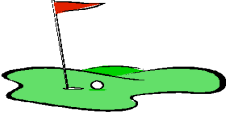








Plunge! Aquatic Centre 2011
7-12yrs SUMMER CAMP **2011**



Drop Off: 9am Pick Up: 4pm	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u> <i>THEME DAY!</i>
Space is limited. Register Today! Plunge! (705) 444-8705	Hiking <i>Trails of Blue</i> 	Golf Lesson  Swim Lesson	Mountain Biking  Cup Cake Decorating	Rock Climbing & Caving 	Tennis at Monterra  Climbing Wall
	<u>Main activities are complimented with arts & crafts, team challenges and group games.</u>				
<u>LUNCH</u>	Make your own sandwiches Veggies and Dip Fruit Dessert	Grilled Cheese  Veggies and Dip Fruit Dessert	Hamburgers  Veggies and Dip Fruit Dessert	Hot Dogs  Veggies and Dip Fruit Dessert	Pizza  Veggies and Dip Fruit Dessert
To Bring:	Closed Toe Shoes		Closed Toe Shoes Bike and Helmet BMR Waiver	Closed to shoes Jacket Free Spirit Waiver	Closed Toe Shoes

To Bring Daily: sunscreen, hat, bathing suit, water bottle. Campers are encouraged to wear closed toe shoes daily. Please be sure that campers are dressed for the weather, and that personal belongings are labeled with your child's name. PLEASE bring a **signed BMR Waiver on Wednesday** for Blue Mountain Biking. PLEASE bring a **signed Free Spirit Tours Waiver on Thursday**. Please note that activities and dates are subject to change without notice.